# Louisiana Swimming Short Course Distict Championship Crawfish Aquatics Pool, Baton Rouge, LA February 21-22, 2015 

## Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction \#
Crawfish Aquatics, LLC Meet Host

## Meet Administration

Eric Miller Meet Referee
Courtney Roedel Meet Director, meets@crawfishaquatics.com
Billy Newport
Head Coach / Meet Entries, meets@crawfishaquatics.com

## Meet Schedule

Session $1 \quad$ Saturday 12 \& Under
Session 2 Saturday 13 \& Older
Session 3 Sunday 12 \& Under
Session 4 Sunday 13 \& Older
warm-up: 9:00 \& 9:30am
warm-up: 1:30pm
warm-up: 9:00 \& 9:30am
warm-up: 1:00pm
meet: 10:15am
meet: 2:15pm
meet: 10:15am
meet: 1:45pm

## Facilities

-Crawfish Aquatics, located inside Ketcham Health \& Fitness Bldg., campus of Jimmy Swaggart Ministries,
7150 Bluebonnet Boulevard, Baton Rouge, La. 70810
-Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet
-Separate warm-up/warm-down area available.
-Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

## Parking

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capitol One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue $1 / 4$ mile, the pool is in the first building on the left.

## Rules and Meet Regulations

-Conduct of this sanctioned event shall conform in every respect to all technical and administrative 2014 rules of USA Swimming and Louisiana Swimming.
-"Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc."
-Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
-Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

## Pool Measurement and Depth

-The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.
-The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:
Start End: 13'
Turn End: 4'

## Eligibility

-The meet is open to USA Swimming-registered swimmers of teams in the North-Central and South District of Louisiana, as defined by LSI, Inc. who do NOT have a Louisiana Swimming state qualifying time in the age group they would compete in for the March 5-8, 2015 Championship. Entrant must be a USA Swimming member as provided in Article 302.
-Swimmers may not enter or compete in any individual event in the District Championship meet if they have a Louisiana State Meet qualifying time, any event, any course or any distance in any age group they would be eligible to compete in for the 2015 State Championship Meet. The qualifying time period begins January 1, 2014.
*Fines: A $\$ 25$ dollar fine per event will be imposed to anyone entering a swimmer who competes in a District Meet event with a current Louisiana State Meet qualifying time.
-Swimmer's age as of March 5, 2015 determines age for the meet (first day of SC State Championship).
-Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries- Each swimmer may enter a maximum of 3 individual events per session.

## Entry Deadline

-Email entries to meets@crawfishaquatics.com
-All meet entries are due by Monday, February 16.
-Deck entries will NOT be accepted for this Championship meet.
-Changes or late adds will be NOT be accepted once the psych sheet is posted.

Entry Fees $\$ 3.50$ per event
$\$ 10.00$ LA Swimming swimmer surcharge for Championship Meets
Fees payable to Crawfish Aquatics

## Conduct

-All timed final events will be swum slowest to fastest.
-Swimmer that misses their heat will not be added to another heat.

## Athlete Ranking, Scoring and Awards

-No Scoring for the District Meet.
-Ribbons will be given to the top eight finishers in District Championship events.
-Event Rankings will be as follows: 10 \& U, 11-12, 13-14, 15-16, 17 \& 0.
-Individual event winners (first place) for 10 \& Under and 11-12 year old 50, $100 \& 200$ yard events for their designated age group will automatically qualify to swim that event at the SC State Championship for 2013 (swimmer is not required to meet the qualifying standard).
-Individual event winners (first place) for 13-14 year, 15-16 year and 17 \& Older 100 \& 200 yard events for their designated age group will automatically qualify to swim that event at the SC State Championship for 2013 (swimmer is not required to meet the qualifying standard).
-Swimmers will compete in District meet with a "state meet" age up date, therefore they must finish first in the event ranking for the age group they would compete in for state meet.

## Timing Assignments

-Each team will provide timers in proportion to meet entries in a session.
-Timers will report 10 minutes prior to the start of each session.
-Swimmers in events $53,54,75,76,101,102$ must provide their own counter and timer.

## Warm-up \& Procedures

-Lane assignments to be announced prior to the start of warm-up.
-USA Swimming rules require that all warm-ups must be closely supervised by a certified USA
Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

## Deck Changing:

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

## Swim Store

-Natal Swim Shop will be available throughout the meet with swimsuits, shirts, caps, goggles, etc.
-Action Accents will be set up with official meet apparel and on-site printing

Hotel Accommodations for Traveling Participants
See website for booking information and rates: http://www.crawfishaquatics.com/content/hotel-information
Wyndham Garden Baton Rouge- 5600 Bluebonnet Blvd, 70809
Renaissance Hotel- 7000 Bluebonnet Boulevard, 225.215.7000

| Saturday Morning |  |  |
| :---: | :---: | :---: |
| Girls | Event Schedule | Boys |
| 1 | 10 \& U 200 IM | 2 |
| 3 | 11-12 200 IM | 4 |
| 5 | 10 \& U 100 Free | 6 |
| 7 | 11-12 100 Free | 8 |
| 9 | 10 \& U 50 Breast | 10 |
| 11 | 11-12 50 Breast | 12 |
| 13 | 10 \& U 100 Back | 14 |
| 15 | 11-12 100 Back | 16 |
| 17 | 10 \& U 50 Fly | 18 |
| 19 | 11-12 50 Fly | 20 |
| 21 | 10 \& Under 200 Free | 22 |
| 23 | 11-12 200 Free | 24 |


| Saturday Afternoon |  |  |
| :---: | :---: | :---: |
| Girls | Event Schedule | Boys |
| 25 | 13-14 200 IM | 26 |
| 27 | 15 \& O 200 IM | 28 |
| 29 | 13-14 100 Free | 30 |
| 31 | 15 \& O 100 Free | 32 |
| 33 | 13-14 50 Back | 34 |
| 35 | 15 \& O 50 Back | 36 |
| 37 | 13-14 200 Back | 38 |
| 39 | 15 \& O 200 Back | 40 |
| 41 | 13-14 100 Breast | 42 |
| 43 | 15 \& O 100 Breast | 44 |
| 45 | 13-14 200 Fly | 46 |
| 47 | 15 \& O 200 Fly | 48 |
| 49 | 13 \& O 500 Free* | 50 |


| Sunday Morning |  |  |
| :---: | :---: | :---: |
| Girls | Event Schedule | Boys |
| 51 | 10 \& U 100 IM | 52 |
| 53 | 11-12 100 IM | 54 |
| 55 | 10 \& U 50 Free | 56 |
| 57 | 11-12 50 Free | 58 |
| 59 | 10 \& U 100 Breast | 60 |
| 61 | 11-12 100 Breast | 62 |
| 63 | 10 \& U 50 Back | 64 |
| 65 | 11-12 50 Back | 66 |
| 67 | 10 \& U 100 Fly | 68 |
| 69 | 11-12 100 Fly | 70 |
| 71 | 12 \& U 500 Free* | 72 |
| Sunday Afternoon |  |  |
| Girls | Event Schedule | Boys |
| 73 | 13-14 200 Free | 74 |
| 75 | 15 \& O 200 Free | 76 |
| 77 | 13-14 50 Fly | 78 |
| 79 | 15 \& O 50 Fly | 80 |
| 81 | 13-14 100 Fly | 82 |
| 83 | 15 \& O 100 Fly | 84 |
| 85 | 13-14 50 Breast | 86 |
| 87 | 15 \& 050 Breast | 88 |
| 89 | 13-14 200 Breast | 90 |
| 91 | 15 \& O 200 Breast | 92 |
| 93 | 13-14 100 Back | 94 |
| 95 | 15 \& O 100 Back | 96 |
| 97 | 13-14 50 Free | 98 |
| 99 | 15 \& Over 50 Free | 100 |
| 101 | 13 \& $0400 \mathrm{IM*}$ | 102 |

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[^0]:    *Swimmers in events 49, 50, 71, 72, 101, 102 must provide their own counter and timer.

