

# **Crawfish Aquatics Long Course Invitational**

## **May 11-13, 2012**

### **Baton Rouge, LA**

#### Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #  
Crawfish Aquatics, LLC Meet Host

#### Meet Administration

Ron Moore	Meet Referee
Courtney Roedel	Meet Director, <a href="mailto:swimcraw@crawfishaquatics.com">swimcraw@crawfishaquatics.com</a>
William Newport	Head Coach, <a href="mailto:swimcraw@crawfishaquatics.com">swimcraw@crawfishaquatics.com</a>

#### Meet Schedule

**Friday, May 13-** Warm-up: 4:30PM Meet: 5:30PM

**Saturday and Sunday, May 14-15**

12 & Under Session Warm-up: 8:00AM Meet: 9:15AM

13 & Over Session Warm-up: not before 12:30PM Meet: 1 hour after warm-up

*(CA will e-mail the approximate warm up time once a timeline has been established)*

#### Facilities

Crawfish Aquatics Pool located inside Ketcham on the campus of Jimmy Swaggart Ministries, 7150 Bluebonnet Boulevard, Baton Rouge, La. 70810

-Indoor, heated, eight-lane 50 meter pool with moveable bulkhead set to 25 yard course on competition end. Non- turbulent lane ropes, lane width seven feet; pool depth four feet (middle) to 13 feet (start end).

-Separate warm-up/warm-down area available.

-Colorado 6000 with Infinity starter, touch pads with button and stopwatch backup.

#### Parking

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capitol One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

#### Rules and Meet Regulations

-2012 USA Swimming technical rules and code of regulations apply.

-“Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”

-Coaches and officials are required to show proof of USA Swimming membership.

-Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

#### Entries

Each swimmer may enter a maximum of four (4) individual events each day.

#### Entry Fees

\$3.50 per event

\$8.00 per relay

\$5.00 surcharge, fees payable to Crawfish Aquatics

### Eligibility

- The meet is open to invited USA Swimming-registered swimmers.
- Swimmer's age as of May 11, 2012 determines age for the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### Entry Deadline

- This meet will be limited to 450 swimmers.
- Entries are accepted on first come basis and entry file is required to reserve spot in the meet. Once entry limit is reached the meet will be closed.
- All meet entries are due by Thursday, May 3<sup>rd</sup>.
- Deck entries will be accepted at the discretion of the Meet Director and the fee is double and payable at time of entry. This includes ANY changes from one event to another during the meet.

### Conduct

- All Friday events will be fastest to slowest and mixed gender for seeding.
- 11-12 400 Free and 400 IM will be mixed gender for seeding.
- 13 & Over events on Saturday and Sunday will be mixed gender for seeding.
- Friday events will be limited entries:
  - 13 & O 400 IM- 6 mixed heats
  - 13 & O 800 Free- 5 mixed heats
  - \*additional heats may be added if timeline allows; will be announced prior to meet*
  - \*\*9-12 200 Free & 200 IM may be limited at meet management discretion*

### Scoring

- Top 16 places will be scored for individual events.
- 13 & O events will score as 13-14 and 15 & O.
- 9-12 200 meter events will be scored 9-10 and 11-12.
- 12 & U 50 meter events will be scored as 11-12, 9-10, 8 & U.
- 12 & U 100 meter events will be scored as 11-12 and 10 & U.

### Awards

- Ribbons will be presented for first through eighth place for individual events in the 12 & Under age groups.

### Timing Assignments

- Each team will provide timers in proportion to meet entries in a session.
- Timers will report 10 minutes prior to the start of each session.
- Swimmers in the 800 Free on Friday, 11-12 400 Free on Saturday and 11-12 400 IM on Sunday their own timer

### Warm-up & Procedures

- Lane assignments to be announced prior to the start of warm-up.
- USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative.

### Swim Store

Natal Swim Shop will be available throughout the meet with swimsuits, shirts, caps, goggles, etc.

## Friday

Warm up- 4:30PM, Meet 5:30PM

Mixed	Event Schedule
1	9-12 200 Free
2	13 & O 400 IM
3	9-12 200 IM
4	13 & O 800 Free

## Saturday

### 12 and Under Session

Warm up- 8:00AM, Meet 9:15AM

Girls	Event Schedule	Boys
5	12 & U 100 Free	6
7	12 & U 50 Fly	8
9	12 & U 100 Back	10
11	12 & U 50 Breast	12
13	Mixed 11-12 400 Free	

### Open Session

Warm up- not before 12:30PM

*(meet begins 1 hour after warm up)*

Mixed	Event Schedule
14	13 & O 200 IM
15	13 & O 100 Back
16	13 & O 200 Fly
17	13 & O 200 Breast
18	13 & O 100 Free

## Sunday

### 12 and Under Session

Warm up- 8:00AM, Meet 9:15AM

Girls	Event Schedule	Boys
19	12 & U 100 Fly	20
21	12 & U 50 Free	22
23	12 & U 100 Breast	24
25	12 & U 50 Back	26
27	Mixed 11-12 400 IM	

### Open Session

Warm up- not before 12:30PM

*(meet begins 1 hour after warm up)*

Mixed	Event Schedule
28	13 & O 200 Free
29	13 & O 100 Fly
30	13 & O 200 Back
31	13 & O 100 Breast
32	13 & O 50 Free